

You shine bright

Jasmin Hajro

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Welcome to "You Shine Bright: Unlocking Your Full Potential with Baby Steps." In this empowering book, we will explore practical and effective ways to improve your self-esteem and maximize your achievements through small, manageable actions.

Sometimes, life can feel overwhelming, leaving us feeling stuck and unmotivated. We may question our abilities, doubt our worth, and struggle to see how we can make progress towards our goals. But remember, greatness is not achieved overnight. It is built upon a series of small steps taken consistently.

In "You Shine Bright," we will delve into the power of baby steps. We will uncover how these tiny, bite-sized actions can help you develop a positive mindset, boost your self-confidence, and ultimately propel you towards success. The book is designed to help you embrace the journey of personal growth, encouraging you to acknowledge and celebrate your small accomplishments along the way.

Throughout this transformative guide, we will explore a range of techniques and strategies. From cultivating self-compassion to setting manageable goals, we will provide you with practical tools to nurture your self-esteem and navigate challenges with ease. Additionally, we will address the importance of self-care, mindfulness, and surrounding yourself with a supportive community.

Remember, every step you take is a step in the right direction. By implementing the principles and practices found in "You Shine Bright," you will embark on a profound journey of self-discovery, resilience, and personal fulfillment. Get ready to unlock your full potential and shine bright!

So, grab a pen and a notebook, get comfortable, and let's begin this exciting adventure together. Are you ready to take the first step towards a better, more accomplished version of yourself? Let's dive in and discover the transformative power of baby steps!

People will talk shit...

Here are the truths about You
never forget them

1. You are unique and special, with your own set of amazing qualities.
2. Your smile brightens up the room and brings joy to those around you.
3. You have a beautiful spirit that radiates kindness and compassion.
4. Your presence is enough to make someone's day better.
5. You have a strong and resilient spirit that can overcome any challenge.
6. Your intelligence and curiosity inspire those around you.
7. You have a great sense of humor that brings laughter to others.
8. Your creativity knows no bounds, and you have the ability to think outside the box.
9. You have the power to make a positive impact on the world.
10. Your determination and drive propel you towards success.
11. You have a natural talent for spreading positivity and lifting others up.
12. Your thoughtfulness and generosity make a difference in the lives of those you touch.
13. You have a warm and welcoming presence that makes people feel at ease.
14. Your optimism is infectious and inspires others to see the brighter side of life.
15. You have the ability to find solutions to problems and navigate challenges gracefully.
16. Your strength and resilience are commendable and inspire others to keep going.
17. Your passion and enthusiasm for life are contagious.

18. You have a unique perspective that brings fresh insight into any situation.
19. Your ability to listen and understand others is a valuable gift.
20. You have the power to overcome obstacles and achieve your dreams.
21. Your kindness and empathy make the world a better place.
22. You have a natural talent for making others feel seen and heard.
23. Your presence alone makes a positive impact on the people around you.
24. You have a great sense of style and always look effortlessly put together.
25. Your intuition guides you in making the right decisions.
26. You possess a remarkable ability to learn and grow from your experiences.
27. You have a beautiful and unique perspective on life.
28. Your dedication and hard work are commendable.
29. You have a natural talent for lifting others' spirits and brightening their day.
30. Your positive energy is contagious and spreads to everyone you encounter.
31. You have the power to overcome any adversity that comes your way.
32. You have a mesmerizing presence that captivates those around you.
33. Your determination and perseverance are unmatched.
34. You have the ability to find joy in the simplest of things.
35. Your genuine care and concern for others make you an incredible friend.
36. You have a radiant aura that brings light into any room.
37. Your selflessness and willingness to help others are truly admirable.
38. You have a beautiful voice that brings comfort and joy to those who hear it.
39. Your honesty and integrity set you apart from others.
40. You have the ability to make others feel valued and appreciated.

41. Your courage and bravery inspire those around you to be fearless.
42. You have a great sense of intuition that guides you in making wise decisions.
43. Your presence alone has the power to calm and soothe those around you.
44. You have a natural talent for making people feel loved and supported.
45. Your ability to find beauty in the world around you is truly remarkable.
46. You have a magnetic personality that draws others towards you.
47. Your creativity knows no bounds and brings joy to those who experience it.
48. You have a natural talent for finding solutions to complex problems.
49. You have a contagious enthusiasm that sparks inspiration in others.
50. Your sense of humor brings laughter and joy to those around you.
51. You have the ability to lift others up with your words of encouragement.
52. Your determination and resilience are awe-inspiring.
53. You have a great eye for detail and notice things others may overlook.
54. Your inner strength shines through in every challenge you face.
55. You have the ability to bring out the best in others.
56. Your authenticity and genuine nature are truly refreshing.
57. You have a way with words that has the power to inspire and motivate.
58. Your ability to forgive and let go is a testament to your strength.
59. You have a unique talent for finding beauty in the most unexpected places.
60. Your charisma and charm make you incredibly likable.
61. You have a natural talent for finding the silver lining in any situation.
62. Your perseverance and determination make you unstoppable.

63. You have a gift for making complex concepts easy to understand.
64. Your patience and understanding make you a wonderful listener.
65. You have a warm and inviting personality that makes people feel instantly at ease.
66. Your ability to adapt to new situations is a valuable skill.
67. You have a natural talent for bringing people together and fostering connections.
68. Your ability to learn from your mistakes and grow is truly inspiring.
69. You have a beautiful and infectious laugh that brings joy to those around you.
70. Your unwavering belief in yourself is a powerful motivator.
71. You have a unique and captivating way of expressing yourself.
72. Your dedication to personal growth and self-improvement is admirable.
73. You have a sharp and curious mind that constantly seeks knowledge.
74. Your ability to find joy in the little things is truly inspiring.
75. You have a natural talent for making others feel comfortable in your presence.
76. Your open-mindedness and willingness to learn are commendable.
77. You have a great sense of style that reflects your unique personality.
78. Your adventurous spirit brings excitement and energy to those around you.
79. You have a contagious enthusiasm for life that inspires others to live fully.
80. Your presence alone has the power to brighten even the darkest of days.
81. You have a natural talent for turning setbacks into opportunities for growth.
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83. You have a remarkable ability to find common ground and connect with others.
84. Your resilience in the face of adversity is inspiring.
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273. You have a natural talent for turning setbacks into opportunities for setups

Those are the truths about you

reread them often

until you believe them

There is one more thing missing

One guy says that motivation is fleeting and discipline is real

So , we are gonna combine the two

Please don't think of discipline like years in school studying stuff that doesn't interest you

and doing things you don't want to do

For health

success

wealth

happiness

discipline is required

And it always feels good

It feels good to put 1 dollar every day in a jar

because after 1 year you have 365 dollars

we start that simple with babysteps
when you do the babysteps you already feel disciplined and just
expand on it...

Here are 200 actions you can start with to build self-discipline:

1. Wake up at a consistent time every day.
2. Make your bed as soon as you wake up.
3. Drink a glass of water as soon as you wake up.
4. Create a daily to-do list and stick to it.
5. Practice good posture throughout the day.
6. Implement a daily exercise routine.
7. Limit your screen time and set designated breaks.
8. Set specific goals and track your progress.
9. Practice mindful breathing or meditation daily.
10. Read for at least 20 minutes every day.
11. Practice time blocking for increased productivity.
12. Take breaks at regular intervals to recharge.
13. Prioritize tasks based on importance and urgency.
14. Set boundaries with others and learn to say no when necessary.
15. Implement a daily journaling practice.
16. Practice active listening in conversations.
17. Focus on one task at a time instead of multitasking.
18. Implement a regular sleep schedule and aim for 7-8 hours of sleep each night.
19. Create a consistent workout routine and stick to it.
20. Practice portion control and make healthy eating choices.
21. Avoid procrastination by breaking tasks into smaller, manageable steps.
22. Practice gratitude by writing down three things you are grateful for each day.
23. Limit distractions by turning off notifications on your phone and computer.
24. Set aside dedicated time for learning and personal growth.
25. Practice resilience by embracing failures and learning from them.
26. Practice delayed gratification by resisting immediate impulses.
27. Establish a morning or evening routine for consistency.
28. Set realistic deadlines for tasks and projects.

29. Avoid negative self-talk and replace it with positive affirmations.
30. Practice self-reflection at the end of each day.
31. Create a budget and stick to it to practice financial discipline.
32. Establish regular meal times and avoid mindless snacking.
33. Practice time management by allocating specific time slots for different activities.
34. Limit the consumption of unhealthy or sugary foods and drinks.
35. Practice self-control by resisting the urge to engage in unhealthy habits.
36. Set limits on the amount of time spent on social media.
37. Implement a daily stretching or yoga routine.
38. Develop a habit of expressing gratitude to others.
39. Practice setting and maintaining personal boundaries.
40. Use positive self-talk and affirmations to boost self-confidence.
41. Incorporate a daily reading habit to expand knowledge and broaden perspectives.
42. Take cold showers to strengthen mental and physical resilience.
43. Develop a regular saving habit to build financial discipline.
44. Practice the Pomodoro Technique to increase focus and productivity.
45. Set deadlines for long-term goals and break them down into smaller milestones.
46. Keep a clean and organized living space for enhanced mental clarity.
47. Practice deep breathing exercises to manage stress and improve focus.
48. Embrace discomfort and step out of your comfort zone regularly.
49. Limit excessive spending and practice mindful consumption.
50. Commit to a specific number of days for consistent practice of a new habit.
51. Establish a consistent bedtime routine to signal your body for sleep.
52. Avoid excessive caffeine intake for better sleep quality and energy regulation.
53. Cultivate a positive mindset by practicing positive visualization and affirmations.

54. Create a morning or evening ritual for self-care and relaxation.
55. Set specific, measurable, attainable, relevant, and time-bound (SMART) goals.
56. Implement a daily reflection practice to evaluate progress and identify areas for improvement.
57. Practice active goal-tracking to maintain focus and motivation.
58. Develop a habit of seeking feedback and constructive criticism.
59. Practice taking breaks and incorporating moments of rest throughout the day.
60. Set clear boundaries with technology and designate device-free times.
61. Incorporate regular physical activity into your routine.
62. Prioritize self-care activities, such as taking baths or engaging in hobbies.
63. Allocate time for personal development and learning new skills.
64. Practice effective time management by using productivity tools and techniques.
65. Set specific time limits for leisure activities, such as watching TV or playing video games.
66. Surround yourself with supportive and like-minded individuals.
67. Establish a specific location for focused work or study.
68. Practice self-discipline by sticking to commitments and promises made to yourself and others.
69. Create a morning routine that includes some form of exercise or movement.
70. Choose healthy snacks over unhealthy ones when cravings arise.
71. Practice focus and concentration exercises, such as mindfulness or puzzles.
72. Implement a regular digital detox or screen-free day.
73. Set aside time for self-reflection and introspection.
74. Develop a habit of setting short-term goals and accomplishing them.
75. Avoid the habit of procrastination by starting tasks immediately.
76. Limit the consumption of sugary beverages and replace them with water or herbal tea.
77. Take responsibility for your actions and avoid blame-shifting.

78. Practice active decision-making by weighing options and considering consequences.
79. Develop a habit of completing one small task before moving on to the next.
80. Learn to manage your emotions and respond rationally in challenging situations.
81. Practice self-discipline by limiting unnecessary spending.
82. Develop a habit of practicing good personal hygiene and grooming.
83. Set boundaries with your time and prioritize self-care activities.
84. Practice forgiveness and let go of grudges or resentments.
85. Engage in activities that challenge your comfort zone and foster personal growth.
86. Develop a habit of arriving early to appointments or meetings.
87. Practice active listening by giving full attention to others when they speak.
88. Set specific goals for personal finances and track expenses.
89. Practice self-discipline by sticking to a designated study or work schedule.
90. Avoid negative influences and surround yourself with positive, supportive people.
91. Learn a new skill or hobby that requires consistent practice and discipline.
92. Develop a habit of cooking healthy meals at home instead of relying on takeout.
93. Practice assertiveness by expressing your needs and opinions respectfully.
94. Set aside time for self-care activities, such as a relaxing bath or meditation.
95. Practice self-discipline by limiting time spent on unproductive activities.
96. Develop a habit of planning ahead and anticipating potential obstacles.
97. Set specific goals for physical fitness and track progress.
98. Practice active problem-solving by identifying solutions to challenges.

99. Avoid excessive use of social media and allocate time for more productive activities.
100. Practice self-discipline by following through on commitments and promises.
101. Implement a daily gratitude practice to cultivate a positive mindset.
102. Develop a habit of practicing good manners and etiquette.
103. Set specific goals for career development and create an action plan to achieve them.
104. Practice self-discipline by avoiding impulsive purchases.
105. Create a vision board to visualize and manifest your goals.
106. Set aside time for deep work or focused, uninterrupted work sessions.
107. Practice self-discipline by avoiding gossip or negative talk about others.
108. Develop a habit of practicing active empathy and understanding others' perspectives.
109. Set specific goals for personal relationships and take actions to nurture them.
110. Practice discipline by following a regular grooming and self-care routine.
111. Implement a routine for regular self-assessment and evaluation.
112. Cultivate a habit of being proactive instead of reactive in your daily life.
113. Set boundaries with technology use and designate tech-free zones or times.
114. Practice gratitude by writing thank-you notes or expressing appreciation to others.
115. Develop a habit of setting realistic expectations for yourself and others.
116. Practice self-discipline by resisting the urge to engage in gossip or negative talk.
117. Learn to effectively manage stress through techniques like deep breathing or meditation.
118. Set specific goals for personal development and schedule time for learning.

119. Practice self-discipline by avoiding procrastination in tasks and assignments.
120. Develop a habit of tracking your progress toward goals and celebrate small wins.
121. Set boundaries with work and designate specific times for personal activities.
122. Practice self-discipline by avoiding excessive alcohol or substance consumption.
123. Create a vision or mission statement outlining your values and goals.
124. Set specific financial goals and establish a budget to achieve them.
125. Practice mindfulness by being fully present in daily activities.
126. Develop a habit of planning and preparing meals in advance to avoid unhealthy choices.
127. Set specific goals for personal growth and create a plan to achieve them.
128. Practice self-discipline by avoiding excessive spending on unnecessary items.
129. Set aside time for self-reflection and introspection regularly.
130. Develop a habit of consistent and effective communication with others.
131. Practice self-discipline by avoiding unnecessary arguments or conflicts.
132. Create a morning routine that includes activities that align with your values and goals.
133. Set specific goals for improving physical fitness and track progress regularly.
134. Practice self-discipline by avoiding procrastination in work or academic tasks.
135. Develop a habit of regularly decluttering and organizing your living space.
136. Set boundaries with others and prioritize your own needs and well-being.
137. Practice mindfulness by savoring each moment and being fully present.

138. Set specific career goals and create a plan to achieve them.
139. Practice self-discipline by avoiding excessive use of technology or social media.
140. Develop a habit of regularly expressing gratitude to others.
141. Set aside time for hobbies or activities that bring you joy and relaxation.
142. Practice self-discipline by avoiding impulsive or unnecessary purchases.
143. Create a weekly meal plan and prep ingredients in advance for healthier eating habits.
144. Set boundaries with personal time and prioritize self-care activities.
145. Practice self-compassion and forgive yourself for past mistakes or failures.
146. Set specific goals for improving mental or emotional well-being and take actions to achieve them.
147. Practice self-discipline by avoiding time-wasting activities or distractions.
148. Develop a habit of consistently practicing a skill or hobby that brings you joy.
149. Set aside time for self-reflection and journaling regularly.
150. Practice mindfulness in everyday activities, such as eating or walking.
151. Set specific goals for improving relationships and take actions to strengthen them.
152. Practice self-discipline by avoiding excessive indulgence in unhealthy foods or habits.
153. Implement a schedule for regular breaks and rest throughout the day.
154. Set boundaries with social commitments and prioritize your own needs and well-being.
155. Practice self-discipline by avoiding excessive comparison to others.
156. Develop a habit of taking action and making progress on your goals each day.

157. Set specific goals for personal finance and track expenses regularly.
158. Practice self-awareness by identifying and challenging negative thought patterns.
159. Set boundaries with work commitments and establish a healthy work-life balance.
160. Practice self-discipline by avoiding procrastination in household chores or tasks.
161. Create a relaxing bedtime routine and stick to it for better sleep hygiene.
162. Set specific goals for personal growth and take consistent actions to achieve them.
163. Practice self-discipline by avoiding excessive use of entertainment or leisure activities.
164. Develop a habit of regular physical activity or exercise for improved overall well-being.
165. Set boundaries with technology use in social settings and prioritize in-person interactions.
166. Practice self-discipline by resisting the urge to engage in unhealthy habits or behaviors.
167. Implement a daily schedule or routine to structure your day and improve productivity.
168. Set specific goals for professional development and create a plan to achieve them.
169. Practice gratitude by keeping a gratitude journal and writing down things you are thankful for.
170. Develop a habit of starting each day with a positive affirmation or mantra.
171. Set boundaries with others and communicate your needs assertively.
172. Practice self-discipline by avoiding excessive consumption of news or media.
173. Create a morning routine with activities that promote mental, emotional, or physical well-being.
174. Set specific goals for improving time management skills and regularly assess progress.

175. Practice self-compassion by treating yourself with kindness and understanding.
176. Set boundaries with social media and designate specific times for usage.
177. Develop a habit of consistently staying organized and decluttering your physical space.
178. Set specific goals for personal relationships and take actions to strengthen them.
179. Practice self-discipline by resisting the temptation of immediate gratification.
180. Implement a system for tracking and managing your finances effectively.
181. Set boundaries with work-related communications during non-work hours.
182. Practice self-awareness by identifying and managing triggers for negative emotions or behaviors.
183. Set specific goals for personal wellness and take actions to prioritize self-care.
184. Practice self-discipline by avoiding excessive use of technology or social media.
185. Develop a habit of regularly expressing gratitude to others.
186. Set aside time for hobbies or activities that bring you joy and relaxation.
187. Practice self-discipline by avoiding impulsive or unnecessary purchases.
188. Create a weekly meal plan and prep ingredients in advance for healthier eating habits.
189. Set boundaries with personal time and prioritize self-care activities.
190. Practice self-compassion and forgive yourself for past mistakes or failures.
191. Set specific goals for improving mental or emotional well-being and take actions to achieve them.
192. Practice self-discipline by avoiding time-wasting activities or distractions.

193. Develop a habit of consistently practicing a skill or hobby that brings you joy.
194. Set aside time for self-reflection and journaling regularly.
195. Practice mindfulness in everyday activities, such as eating or walking.
196. Set specific goals for improving relationships and take actions to strengthen them.
197. Practice self-discipline by avoiding excessive indulgence in unhealthy foods or habits.
198. Implement a schedule for regular breaks and rest throughout the day.
199. Set boundaries with social commitments and prioritize your own needs and well-being.
200. Practice self-discipline by avoiding excessive comparison to others.

Remember, building self-discipline takes time and effort, so start small and gradually incorporate more actions into your routine.

Celebrate your wins

Don't forget :

Here are 200 positive affirmations to help people feel good about their life and work:

1. I am capable and deserving of success.
2. I am constantly growing and evolving.
3. I am grateful for the opportunities that come my way.
4. My work contributes positively to the world.
5. I am proud of my accomplishments, big and small.
6. I embrace challenges as opportunities for growth.
7. I trust in my ability to overcome any obstacles.
8. I am surrounded by loving and supportive people.
9. I have the power to create the life I desire.
10. I am making a difference in the lives of others.
11. I am resilient and bounce back from setbacks.
12. I trust in my intuition and make wise decisions.
13. Every day is a fresh chance to start anew.
14. I am deserving of love and happiness.
15. I am constantly learning and expanding my knowledge.

16. I am in control of my own happiness.
17. I am confident in my abilities.
18. I am open to new opportunities and experiences.
19. I am proud of the progress I've made so far.
20. I have the strength to face any challenges that come my way.
21. I am surrounded by positivity and abundance.
22. I am worthy of success and recognition.
23. I have the power to make a difference in the world.
24. I am grateful for the lessons I've learned along my journey.
25. I deserve to take time for self-care and relaxation.
26. I am a magnet for positivity and good energy.
27. I attract success and abundance into my life.
28. I am resilient and can bounce back from any setback.
29. I am proud of the person I am becoming.
30. I am worthy of all the love and happiness life has to offer.
31. I am creating a life that aligns with my values and passions.
32. I am confident in my abilities to achieve my goals.
33. I am surrounded by supportive and uplifting people.
34. I am constantly growing and evolving as an individual.
35. I am grateful for the opportunities that come my way.
36. I trust that everything happens for a reason and serves my growth.
37. I am capable of achieving greatness in all areas of my life.
38. I am deserving of success and all the good that comes with it.
39. I am proud of my accomplishments, big and small.
40. I am open to receiving abundance in all forms.
41. I am in charge of creating my own happiness.
42. I am grateful for the lessons I've learned from my mistakes.
43. I have the power to overcome any obstacles.
44. I am surrounded by love and positivity.
45. I am constantly learning and expanding my knowledge.
46. I am proud of the person I am becoming.
47. I am deserving of all the good that comes my way.
48. I trust in my abilities and make positive choices.
49. I am grateful for the support system I have.
50. I am resilient and can overcome any challenges.

51. I am open to new opportunities and possibilities.
52. I am proud of my accomplishments and the progress I've made.
53. I have the power to make a difference in the world.
54. I am deserving of love, happiness, and success.
55. I trust that everything is unfolding in perfect timing.
56. I am confident in my abilities and skills.
57. I am in control of my own happiness and well-being.
58. I am grateful for the growth I've experienced.
59. I am surrounded by positive and uplifting individuals.
60. I am constantly learning and expanding my horizons.
61. I am proud of the person I am and the person I am becoming.
62. I am worthy of all the good that comes my way.
63. I can handle any challenges that come my way.
64. I am surrounded by love and support.
65. I am open to new opportunities and possibilities.
66. I am proud of my accomplishments and the progress I've made.
67. I have the power to change my life for the better.
68. I trust my intuition and make decisions with confidence.
69. I am grateful for the lessons I've learned along my journey.
70. I am worthy of love, success, and abundance.
71. I am capable of achieving my dreams and goals.
72. I am deserving of all the good that comes my way.
73. I am resilient and can bounce back from any setback.
74. I am constantly evolving and growing as a person.
75. I am confident in my abilities and skills.
76. I am in control of my own happiness and success.
77. I am grateful for the opportunities that come my way.
78. I trust in my inner strength to navigate any challenges.
79. I am surrounded by positive and uplifting energy.
80. I am open to new ideas and possibilities.
81. I am proud of my achievements and the impact I've made.
82. I have the power to create positive change in my life.
83. I am deserving of love, happiness, and success.
84. I am capable of achieving greatness in all areas of my life.
85. I am grateful for the growth I've experienced so far.
86. I am surrounded by a supportive and loving community.

87. I am constantly learning and expanding my knowledge.
88. I am proud of my accomplishments and the progress I've made.
89. I am worthy of all the success and abundance that comes my way.
90. I trust in the process of life and know that everything works out for my highest good.
91. I am confident in my abilities and trust in my intuition.
92. I am in control of my own happiness and create a life that brings me joy.
93. I am grateful for the lessons I've learned and how they've shaped me.
94. I have the strength and resilience to overcome any obstacles.
95. I am surrounded by positive and supportive people who uplift and inspire me.
96. I am constantly growing and expanding in all areas of my life.
97. I am proud of all that I have accomplished and the person I've become.
98. I am deserving of all the love, joy, and success that comes my way.
99. I trust in my own abilities and have the confidence to pursue my dreams.
100. I am grateful for the opportunities that come my way and embrace them fully.
101. I am capable of achieving greatness and making a positive impact.
102. I am proud of my work and the contributions I make to my field.
103. I am in control of my own success and create opportunities for myself.
104. I trust in my ability to handle any challenges that come my way.
105. I am surrounded by supportive and like-minded individuals.
106. I am constantly learning and growing in my career.
107. I am proud of my accomplishments and the progress I've made.
108. I am deserving of the recognition and rewards that come with my hard work.
109. I have the power to create the career of my dreams.

110. I am grateful for the skills and knowledge I've gained through my work.
111. I trust in my abilities to take on new challenges and succeed.
112. I am open to new opportunities and experiences in my work.
113. I am proud of the positive impact I make in my industry.
114. I am constantly learning and improving in my field.
115. I am deserving of success and fulfillment in my work.
116. I trust in my intuition to guide me in making the right career choices.
117. I am in control of my own career path and create opportunities for growth.
118. I am grateful for the achievements and milestones I've reached in my work.
119. I have the ability to overcome any obstacles that come my way.
120. I am surrounded by supportive and inspiring colleagues and mentors.
121. I am constantly expanding my skills and knowledge to excel in my work.
122. I am proud of the value I bring to my organization and the impact I make.
123. I am deserving of recognition and advancement in my career.
124. I trust in my abilities to handle any challenges that arise in my work.
125. I am open to new possibilities and opportunities for growth.
126. I am grateful for the opportunities and experiences my work provides.
127. I have the power to create a fulfilling and successful career.
128. I am proud of my achievements and the progress I've made.
129. I am deserving of success, happiness, and abundance in my work.
130. I trust that my work has a positive impact on others and the world.
131. I am in control of my own professional growth and development.
132. I am surrounded by supportive and encouraging colleagues and mentors.

133. I am constantly learning and expanding my skills to excel in my work.
134. I am proud of the value I bring to my organization and clients.
135. I am deserving of recognition and advancement in my career.
136. I trust in my abilities to overcome any obstacles that come my way.
137. I am open to new opportunities and possibilities for growth in my work.
138. I am grateful for the experiences and achievements in my professional journey.
139. I have the power to create the career of my dreams.
140. I am proud of my accomplishments and the impact I've made in my field.
141. I am deserving of success and fulfillment in my work.
142. I trust in my abilities and make confident decisions in my career.
143. I am in control of my own professional growth and create opportunities for advancement.
144. I am grateful for the skills and knowledge I've gained in my work.
145. I have the resilience and determination to overcome any challenges.
146. I am surrounded by a supportive network of colleagues and mentors.
147. I am constantly learning and improving to reach new heights in my career.
148. I am proud of the value I bring to my organization and clients.
149. I am deserving of recognition and rewards for my hard work.
150. I trust in my abilities to handle any obstacles that come my way.
151. I am open to new opportunities and challenges in my work.
152. I am grateful for the experiences and growth I've achieved through my career.
153. I have the power to create the career path that aligns with my passions and values.
154. I am proud of the impact I make and the positive change I create through my work.

155. I am deserving of success, fulfillment, and abundance in my career.
156. I trust in my abilities and skills to excel in my work.
157. I am in control of my own professional development and growth.
158. I am surrounded by supportive and inspiring colleagues and leaders.
159. I am constantly learning and acquiring new skills to stay ahead in my field.
160. I am proud of the value I bring to my organization and clients.
161. I am deserving of recognition and reward for my contributions.
162. I trust in my abilities to handle any challenges and overcome obstacles in my work.
163. I am open to new opportunities and possibilities for advancement.
164. I am grateful for the experiences and opportunities my work provides me.
165. I have the power to create a fulfilling and successful career.
166. I am proud of my achievements and the impact I've made through my work.
167. I am deserving of success, fulfillment, and abundance in my professional life.
168. I trust in my abilities and make confident decisions in my career.
169. I am in control of my own professional journey and create opportunities for growth.
170. I am surrounded by a supportive and encouraging network of colleagues and mentors.
171. I am constantly learning and expanding my skills to excel in my field.
172. I am proud of the value I bring to my organization and clients.
173. I am deserving of recognition and advancement in my career.
174. I trust in my abilities to overcome any obstacles and challenges in my work.
175. I am open to new possibilities and opportunities for growth and success.

176. I am grateful for the experiences and achievements I have had in my professional life.

177. I have the power to create the professional life I desire and deserve.

178. I am proud of my accomplishments and the positive impact I make through my work.

179. I am deserving of success, happiness, and fulfillment in my career.

180. I trust in my abilities and make empowered decisions in my work.

181. I am in control of my own professional growth and development.

182. I am surrounded by a supportive and inspiring network of colleagues and mentors.

183. I am constantly learning and expanding my skills to reach new heights in my career.

184. I am proud of the value I bring to my organization and clients.

185. I am deserving of recognition and rewards for my contributions.

186. I trust in my abilities to overcome challenges and achieve my goals in my work.

187. I am open to new opportunities and challenges that come my way.

188. I am grateful for the experiences and growth I've achieved through my career.

189. I have the power to create a fulfilling and successful career path.

190. I am proud of my accomplishments and the impact I make in my field.

191. I am deserving of success, fulfillment, and abundance in my professional journey.

192. I trust in my abilities and make confident decisions in my work.

193. I am in control of my own professional growth and create opportunities for advancement.

194. I am surrounded by supportive and encouraging colleagues and mentors.

195. I am constantly learning and expanding my skills to excel in my work.

196. I am proud of the value I bring to my organization and clients.

197. I am deserving of recognition and rewards for my hard work.

198. I trust in my abilities to handle any challenges that come my way.

199. I am open to new opportunities and possibilities for growth in my work.

200. I am grateful for the experiences and achievements in my professional journey.

Remember, each affirmation is a reminder of your worth, capabilities, and the positive impact you can make in your life and work.



About the Author

Imagine if you could read a book that would not only touch your heart but also change your perspective on life. A book written by an author who not only has incredible talent, but is also an inspiring go-getter in the face of challenges. Meet author Jasmin Hajro, an exceptionally talented writer who is not held back by his disability, but who turns his limitation into strength.

Jasmin Hajro's books take you on an emotional journey full of profound insights, powerful stories and incredible life lessons. Not only does he overcome the obstacles he faces, but he also shows you that there are no limits to what you can achieve if you are determined and believe in your own abilities.

What makes Jasmin Hajro's books really special is the sincere, moving way he tells his stories. He knows better than anyone how to touch you with his words and make you feel deep down what it means to be human. His ability to convey complex emotions in an accessible way is truly extraordinary.

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the Ultimate Winning Strategy, for entrepreneurs (which is for salespeople & business owners too)

Poems, jokes and book

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Victory 2

Always employment & always money in your pocket,
everyday.

Things You Don't Want To Know.

Challenges in having your own business, in real life.

how to Grow your money & Build a good retirement in 2
hours per month, for moms, dads, career women and busy
people .

Overcoming tough times.

Secrets of writing and selling books.

Double your profits.

Double your profits, extended.

Triumph 1 (boxset)

Triumph 2 (boxset)

Victorious series (boxset)

Through the crisis

Victory 3

My story

My little masterpiece

Victory 4

I don't feel like writing, says the author

Hackers are scouts

Being real and true: in times of fake and pretend

100 % sales rule

Quotes for success

Entrepreneurship course

3

Last 10 years

Unknown millionaire

This is the real secret to success, forget mindset, shiny objects and the law of attraction

Zucchini, dagen van een schrijver

Suiker maakt je dik (Sugar makes you fat)

P.a.w.

Geluk in een ongeluk (Good luck in bad luck)

Nederland is super (the Netherlands is great)

How they keep you poor

Tired ?

How to make money online

Fix your shit

(these are only the english titles)

Find all his books at smashwords.com